



## REGIONAL OVERVIEW

1. Prior to the tournament, participating schools will provide the host school with a list of contestants in each weight class by set deadline.
2. At the weigh in, coaches may shift contestants to other weight classes, or remove / replace contestants entirely.
3. Immediately following weigh in, all officials and coaches should report to the seeding meeting.
4. The host school shall provide all schools with a list of contestants in each weight class. If time permits (no delay), the host school may provide all schools with a copy of the weigh in sheets.
5. Prior to the onset of the meeting, the head official will announce any changes that were made at the weigh in (wrestlers not making weight, moving to other weight classes, additions, scratches).
6. The head official will now announce that each school, in confidence, shall verify their contestants in each weight class. This means that they may alter their line up in any manner as long as the wrestler is eligible for that weight class. This will be done with the head referee meeting with each head coach independently in an environment outside the seeding meeting room (hallway, etc.). The coach cannot request, and official may not divulge how other schools have adjusted their lineup. Coaches need not meet with head official if their lineup remains unchanged, but they may. No lineup changes may be made after this point.
7. Head official will now go back into the seeding room and announce the changes that were presented to him in confidence.
8. Seeding meeting will now begin and will be run according to pages 50-52 in the WINTER SEASON REGULATIONS.

## REGIONAL & SECTIONAL COMMENTS

1. **Regionals**-Verify all contestants by meeting with each head coach prior to the beginning of the seeding meeting. Changes **will be done in confidence** so other schools cannot react by shifting wrestlers to other weight classes. **DO NOT** show any coaches changes you have been given by other schools. Start the seeding meeting by updating each weight class and announcing the participants in each weight class.
2. Introduction of officials. Stress the importance of rating officials and the use of RefRanking.  
All head coaches should receive a RefRanking form that shows all of the officials for the meet and pictures
3. Meet manager will explain the wrestling format for the day (times, etc.).
4. Introduction of Medical Personnel (if present)
  - 4 minutes for head and neck injuries, 1.5 minutes for regular injuries
  - 4 minutes for head and neck injuries is independent of your 1.5 minute injury time  
It will still be counted as an injury time out, but the time is separate.
5. Explanation of blood time
  - 5 minutes cumulative, no limit to the number of timeouts
  - Blood time stops when bleeding has been stopped/covered/plugged and the only thing preventing the wrestler from competing is the clean-up
6. Misconduct / Unsportsmanlike Conduct / Flagrant Misconduct (3-4 officials - lots of eyes watching every situation)
  - Misconduct
    - 2 warnings for the entire day
    - 3rd penalty results in head coach ejection for the entire day
  - Unsportsmanlike Conduct
    - One warning for the entire day
    - 2nd penalty results in ejection for entire day
    - Applies to all team personal (not the contestant during a match)
  - Flagrant Misconduct
    - Immediate ejection for the entire day (3 team points deducted)
7. Misc.
  - Importance of sportsmanship / safety / your expectations
  - All wrestlers must verify match score (come to table after match)
  - Official will sign bout sheet
  - Handling of body fluids - **MUST** use gloves / paper towels
  - 3 coaches in corner (includes scorer) – no exceptions
  - No assistant referees in any matches
  - Weigh in sheets - will be provided by the meet manager
  - Regionals will be scored through 6th place, all matches are 2-2-2
  - Sectionals - all matches are 2-2-2
8. Make sure that all wrestlers report to mat properly ready to wrestle  
Special pads, taping, equipment, etc. must be inspected by the head official before the first round
9. Questions?
10. Have a great tournament!

Acknowledgement: Mike Blasczyk, Wisconsin Fox Valley Officials Association